







**RADIOLOGY / SCANS**

Date	Service	Signature	Date	Service	Signature

**SUPPORT SERVICES**

Date	Physiotherapy	Signature	Date	Others Services	Signature

**BLOOD BANK**

Date										
Units										
Remarks										

**ANY OTHER INFORMATION**

Food Taken (with 017614)

Date : 19/6/26 Time : 11.30am

Prepared By : *Jan*

Staff Nurse / Floor Co-ordinator <i>Jan</i>	Nursing Supervisor <i>ez</i>	Billing Assistant	Billing Supervisor
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No che in Pharmacy *do* 19/6/26 12:28 pm

DISCHARGE SUMMARY	
<b>Name:</b> Ms POOJA PRAKASH SHETTY	<b>MRN:</b> JNB-00137837
<b>Father/Guardian:</b> PRAKASH b k	<b>IP No:</b> IP11-00056691
<b>Age:</b> 34 Y 7 M 10 D	<b>Gender:</b> Female
<b>Address:</b> Bannerghata Road, Bangalore, Karnataka, INDIA, 560076	<b>Admission Date:</b> 17-06-2026
<b>Referral Doc:</b> SELF	<b>Discharge Date:</b> 19.6.2026

**Consultants:**

**Dr. VEENA B S**

MBBS, DGO

CONSULTANT GYNECOLOGIST & OBSTETRICIAN

Reg. No: 41735

DIAGNOSIS	ICD CODE
FIBROID UTERUS	

**Procedure:**

LAPAROSCOPIC MYOMECTOMY + RIGHT OVARIAN ENDOMETRIOTIC CYST EXCISION + RIGHT FIMBRIAL CYSTECTOMY + ADHESIOLYSIS DONE UNDER GENERAL ANAESTHESIA ON 18.6.2026

Ind: Fibroid uterus

**History:**

C/o Dysmenorrhea since a year, ultrasonography done and had an incidental finding of fibroid uterus

Menstrual History: Cycles regular, 26.5.2026, 4-5days/30days, 2pads/day  
LMP: 26.5.2026

Obstetric History: Unmarried

Medical History: Nil

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 **Marathahalli:**  
Survey No. 8/5,  
Marathahalli-KR Puram, Outer Ring Road  
Doddanekundi, Bengaluru - 560 037.  
**Ph: 1800 2122**

 **Bannerghatta Road:**  
No 178/1 & 178/2,  
Opposite Janardhan Towers,  
Bilekahalli, Bengaluru - 560 076. Yelahanka Hobli, Bengaluru - 560 092.  
**Ph: 080-66902200**

 **Hebbal:**  
No.247/248/288/100  
Byatarayanapura Village,  
Bengaluru - 560 092.  
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Varthur Hobli, Sarjapur Road  
Bengaluru - 560 103.  
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<b>Name:</b> Ms. POOJA PRAKASH SHETTY	<b>MRN:</b> JNB-00137837
<b>IP No:</b> IP11-00056691	<b>Admission Date:</b> 17-06-2026

### Surgical History Ni

Allergies: Nil, Family History: Nil

**Investigations:** Enclosed.

### On Examination:

Pulse: 86/min, BP:110/70mm of Hg, RR: 14/min, Spo2: 98% at Ra

### Systemic Examination:

CVS: S1S2 heard, no murmurs

CNS: NAD

RS: NVBS, no added sounds

PA: Mass palpable corresponding to 14 weeks, gravid uterine size.

### Procedure:

LAPAROSCOPIC MYOMECTOMY + RIGHT OVARIAN ENDOMETRIOTIC CYST  
EXCISION + RIGHT FIMBRIAL CYSTECTOMY + ADHESIOLYSIS DONE UNDER  
GENERAL ANAESTHESIA ON 18.6.2026

Ind: Fibroid uterus

Surgeon: Dr. Veena B S and Dr. Shailaja N

Anaesthetist: Dr. Mahesh and Team

### Intraop Findings:

Bilobed fibroid arising from fundo - anterior aspect of uterus - subserous and wide stalk

Right ovary adherent to posterior wall of uterus, 2x2cm endometriotic cyst+ with thick chocolate material

Both tubes convoluted and unhealthy

Right fimbrial cyst noted and removed

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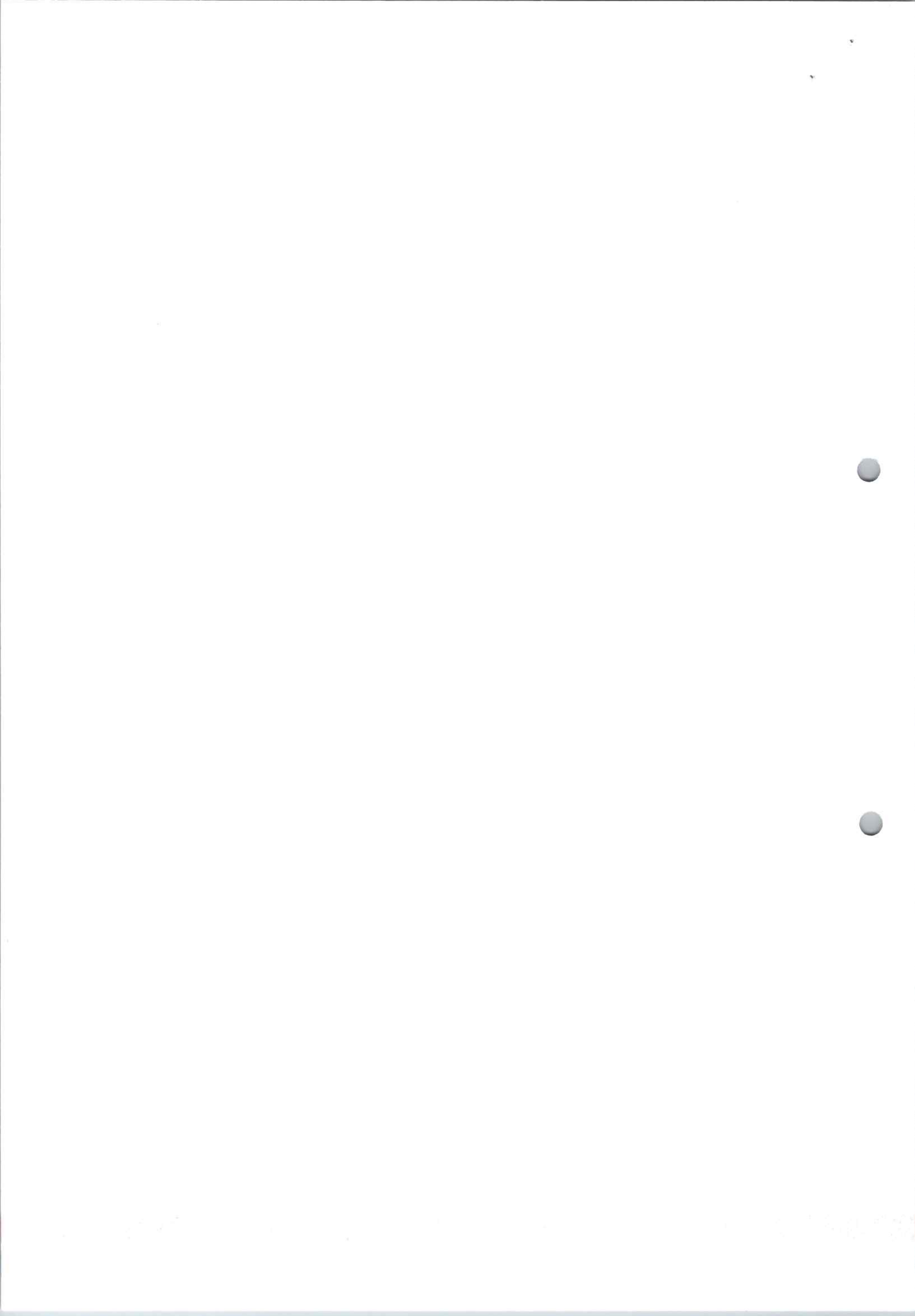
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<b>IP No:</b> IP11-00056691	<b>Admission Date:</b> 17-06-2026

Entry site, upper abdomen normal  
POD - Normal

**Procedure:**

Under general anesthesia, She was placed in low lithotomy position.

Abdomen painted and draped

Pneumoperitoneum created with Co2

Veress needle inserted, two left lateral 1 right lateral 5mm port made

Inj Vasopressin (1:20) locally infiltrated over the myoma

Oblique incision made using harmonic scalpel

Fibroid enucleated by sharp and blunt dissection

Myometrial defect closed in layers using V loc sutures

Hemostasis achieved

Lower left lateral port which was extended to 15mm

Fibroid removed by morcellation through 5mm port

Specimen sent for HPE

NS lavage given,

Hemostasis achieved

Ports removed and skin closed with Monocryl 3-0

Pneumoperitoneum deflated

She withstood the procedure well.

**Post Operative Period:**

Was uneventful. On POD1 dressing done with Tegaderm, Port site wound healthy. Her general condition was satisfactory and she is discharged with following advice.

**Treatment given:**

IV Fluids / Inj. Pan / Inj. Perinorm / Inj. Advent / Inj. Pause / Proctoclysis Enema

**ADVICE ON DISCHARGE**

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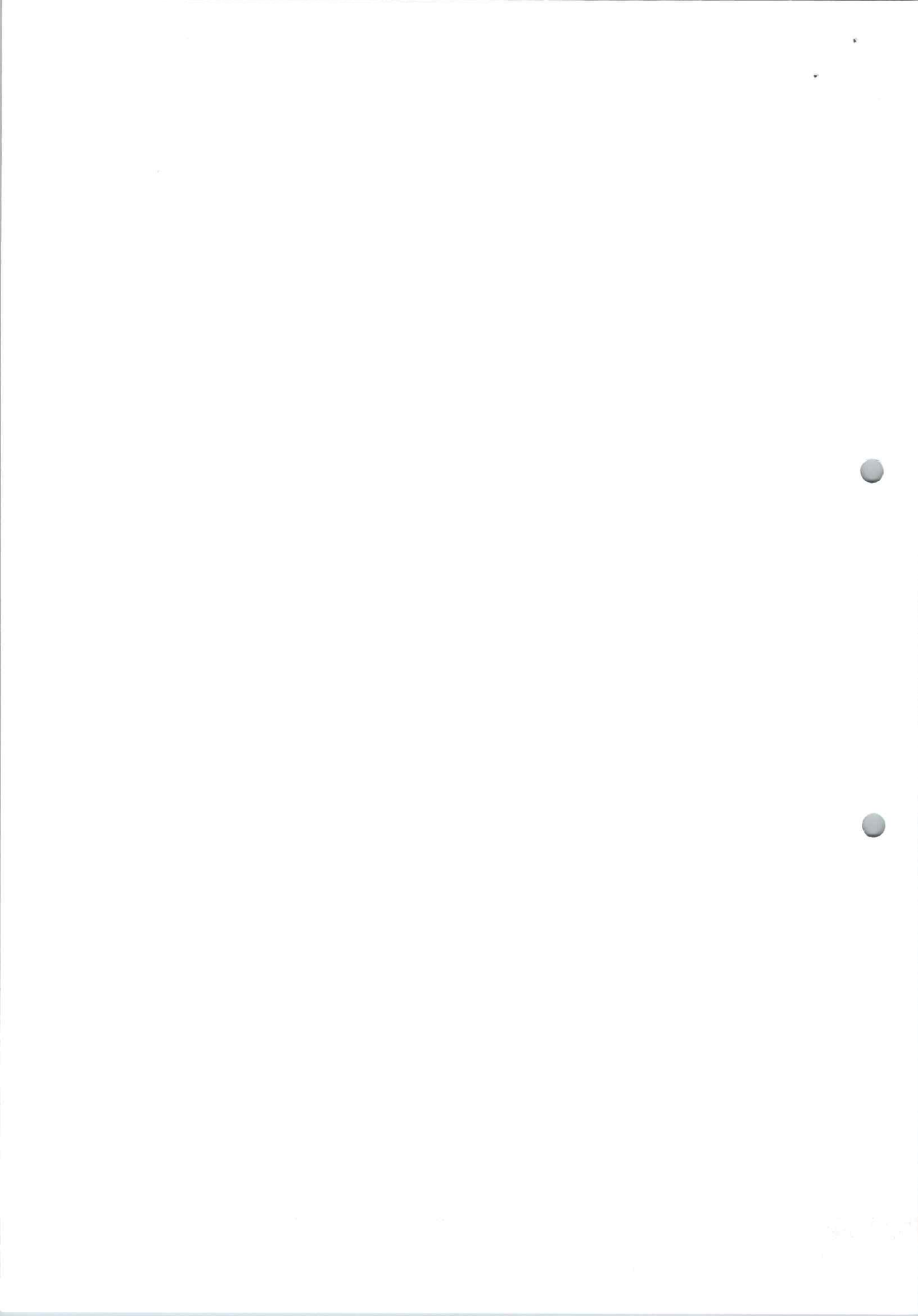
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Tab. Augmentin 625mg 1-0-1 x 5 days  
Tab. Lyser D 1-1-1 x 05 days  
Tab. Pan 40mg 1-0-0 (before food) x 05 days

Review after 1 week with Dr. Veena B S with HPE report with prior appointment.

If fever / Headache/ Vomiting/ Difficulty in breathing or breathlessness / Legs swelling / Excessive PV bleeding/ Pain abdomen please report to hospital on 18002122.

“The content of the patient discharge summary/ medication/ food & drug interaction/ care to be provided at home/ nutrition/ when and how to obtain emergency care etc also have been explained by doctor“.

Consultant Name & signature

Summary explained and understood by me

**Dr. VEENA B S**

MBBS, DGO

CONSULTANT GYNECOLOGIST & OBSTETRICIAN

Reg.No:41735

Registrar Name & Signature

Signature of patient and Attendant

Summary explained and handed over by  
Nurse Name & Signature:

**Registrar/Resident/C.M.O**

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