

RADIOLOGY / SCANS

Date	Service	Signature	Date	Service	Signature

SUPPORT SERVICES

Date	Physiotherapy	Signature	Date	Others Services	Signature


BLOOD BANK

Date										
Units										
Remarks										

ANY OTHER INFORMATION

 Taken Food Monitor

Date : 22/6/26 Time : 12pm Prepared By : lgrew

Staff Nurse / Floor Co-ordinator	Nursing Supervisor	Billing Assistant	Billing Supervisor
<u>lgrew</u> <u>932</u>			

No due from pharmacy 22/6/2026 12:30pm

DISCHARGE SUMMARY	
Name: Mrs JISHNA M	MRN: JNB-00137378
Father/Guardian: ARJUN	IP No: IP11-00056737
Age: 30 Y 4 M 3 D	Gender: Female
Address: Bannerghatta Road, Bangalore, Karnataka, INDIA, 560076	Admission Date: 19-06-2026
Referral Doc: Self	Discharge Date:

Consultants:

Dr. CHAITRA NARAYAN NARAYAN NARAYAN NAYAK

Reg. No:

DIAGNOSIS	ICD CODE
A1 WITH BULKY UTERUS WITH LARGE INTRA MURAL FIBROID FOR LAPAROSCOPIC MYOMECTOMY ASTHMA WITH KNOWN CASE OF DEPRESSION	

Procedure:

HYSTEROSCOPIC D AND C + LAPAROSCOPIC MYOMECTOMY + ADHESIOLYSIS
DONE UNDER GENERAL ANAESTHESIA ON 20.6.2026

Ind: Menorrhagia, AUB - L

History:

C/o heavy menstrual bleeding since 4 months, dysmenorrhea +
C/o Menometrorrhagia x 3-4 months, bleeding PV 10-12 days since every
month

Menstrual History: Regular H/o PCOS, 5days/20-30days, heavy flow, pain +,
clots+

LMP: NK



Name: Mrs. JISHNA M	MRN: JNB-00137378
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Obstetric History: 2 months, NCM
H/o 1 abortion in 2018
H/o Inj. Mirena in 2021 and removed in 2023 January
H/o Iron injection 1 in 11.5.2026

Medical History: H/o Tachycardia, Rashes, Breathlessness
H/o Depression since 12 years on Antidepressants
H/o Asthma on Symbicort Inhaler 1-0-1 since childhood

Surgical History: H/o Hysteroscopic mirena - Perforation +
H/o Laser hemorrhoidectomy in 2021
H/o Septoplasty and Turbinoplasty in 2025

Allergies: Allergic to Diclofenac, Rantac, Ciprofloxacin , Atracurium, Amoxicillin , Doxycycline , Ibuprofen

Family History: Mother - HTN, CA end and Heart disease and Prediabetic ,
Father - High Cholesterol

Investigations: Enclosed.

On Examination:

Pulse: 86/min, BP:126/70mm of Hg, RR: 16/min, Spo2: 98% at Ra

Systemic Examination:

CVS: S1S2 heard, no murmurs

CNS: NAD

RS: NVBS, no added sounds

PA: Soft, BS+,

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HYSTEROSCOPIC D AND C + LAPAROSCOPIC MYOMECTOMY + ADHESIOLYSIS

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DONE UNDER GENERAL ANAESTHESIA ON 20.6.2026
 Ind: Menorrhagia, AUB - L

Surgeon: Dr. Chaithra Narayan Nayak
 Asst Surgeon: Dr. Chhalak
 Anaesthetist: Dr. Mahesh

Under aseptic precaution, She was placed dorsal lithotomy position.
 Painting and draping done under aseptic precaution with
 catheterization(urinary)

Hysteroscope with camera assemble introduced inside the uterine cavity with
 NS as distension medium

Hysteroscopy Findings;

Hysteroscopic D and C done
 Uterus Anteverted
 Utero-vaginal length - 3.5cm
 Submucosal fibroid bulging in uterine cavity (left lateral wall)
 Posterior wall Endometrium unhealthy - Hyperemic
 D and C done using curettage and specimen sent for HPE

Supraumbilical incision made, Veress needle inserted, and insufflation with
 CO2 done
 Single 10mm + 2mm accessory port inserted

Intraop findings

Uterus Anteverted
 Submucosal fibroid on the anterior left lateral wall +(10x10x8cm)
 Posterior wall adhesion+
 POD frozen



Name: Mrs. JISHNA M	MRN: JNB-00137378
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Inj. Vasopressin 1 in 10 dilution injected and fibroid enucleated cavity breached during enucleation
 Fibroid was degenerated - difficulty in enucleation
 Myoma bed sutured with vicryl no-1
 Posterior wall adhesion relaxed
 Fibroid removed using morcellation
 Port closure done using port closure needle with vicryl no 1
 Dressing done.
 Hemostasis achieved
 Mops and instruments counts taken
 Port sites closed with Monocryl 3.0.
 She withstood the procedure well.

Post Operative Period:

Was uneventful. Her general condition was satisfactory and she is discharged with following advice.

Treatment given:

IV Fluids / Inj. Pan / Inj. Perinorm / Inj. Supacef / Inj. Metronidazole /
 Nebulization with Duolin + Budecort

ADVICE ON DISCHARGE

Tab. Ceftum 500mg 1-0-1 x 5 days
 Tab. Pan 40mg 1-0-0 (before food) x 05 days
 Tab. Dolo 650mg 1-1-1 x 5 days
 Tab. Venlafaxine 150mg+375mg 1-0-1 x 5 Continue
 Tab. Melatonin 3mg 0-0-1 x 05 continue
 Symbicort Inhaler 1 puff 1-0-1 continue

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Review within a week with Dr. Chaithra Narayan Nayak with HPE report with prior appointment.

If fever / Headache/ Vomiting/ Difficulty in breathing or breathlessness / Legs swelling / Excessive PV bleeding/ Pain abdomen please report to hospital on 18002122.

“The content of the patient discharge summary/ medication/ food & drug interaction/ care to be provided at home/ nutrition/ when and how to obtain emergency care etc also have been explained by doctor“.

Consultant Name & signature

Summary explained and understood by me

Dr. CHAITRA NARAYAN NARAYAN NARAYAN NAYAK

Reg.No:

Registrar Name & Signature

Signature of patient and Attendant

Summary explained and handed over by
Nurse Name & Signature:

Registrar/Resident/C.M.O

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