







**RADIOLOGY / SCANS**

Date	Service	Signature	Date	Service	Signature

**SUPPORT SERVICES**

Date	Physiotherapy	Signature	Date	Others Services	Signature
20/6/26	post natal exs	<i>[Signature]</i>			

**BLOOD BANK**

Date									
Units									
Remarks									

**ANY OTHER INFORMATION**

Date : 20/6/26 Time : 10AM

Prepared By : *[Signature]*

Staff Nurse / Floor Co-ordinator	Nursing Supervisor	Billing Assistant	Billing Supervisor
<i>[Signature]</i>	<i>[Signature]</i>		

\* no due from pharmacy 10:5 2PM

DISCHARGE SUMMARY	
<b>Name:</b> Mrs MOSARRAT KAMAL	<b>MRN:</b> JNB-00081308
<b>Father/Guardian:</b> W/O SHADAB QUAISER	<b>IP No:</b> IP11-00056711
<b>Age:</b> 34 Y 5 M 17 D	<b>Gender:</b> Female
<b>Address:</b> ~, Madivala, Bangalore, Karnataka, INDIA, 560068	<b>Admission Date:</b> 18-06-2026
<b>Referral Doc:</b> Self	<b>Discharge Date:</b> 20.6.2026

**Consultants:**

**Dr. SUMAN SINGH**

MBBS, MD , FAM MCGG , FRM, , IVF SPECIALIST  
OBSTETRICIAN & GYNAECOLOGIST  
Reg. No: 40844

DIAGNOSIS	ICD CODE
G2P1L1 WITH 38 WEEKS 3 DAYS OF GESTATION WITH PROM FOR INDUCTION OF LABOUR	

**Procedure:**

FULL TERM VAGINAL DELIVERY WITH RMLE ON 19.6.2026

**Reason for admission**

G2P1L1 with 38 weeks 3 days of gestation with C/o leaking PV since ? 4 hours  
Appreciating fetal movements well.  
No c/o pain abdomen / bleeding PV

**History**

Menstrual History: Regular

Medical History: Nil, Surgical History: Nil,

Allergies: Nil

1 of 5

**Rainbow Children's Medicare Limited**

For Appointments call: 1800 2122 or SMS "RWCH" to 57575

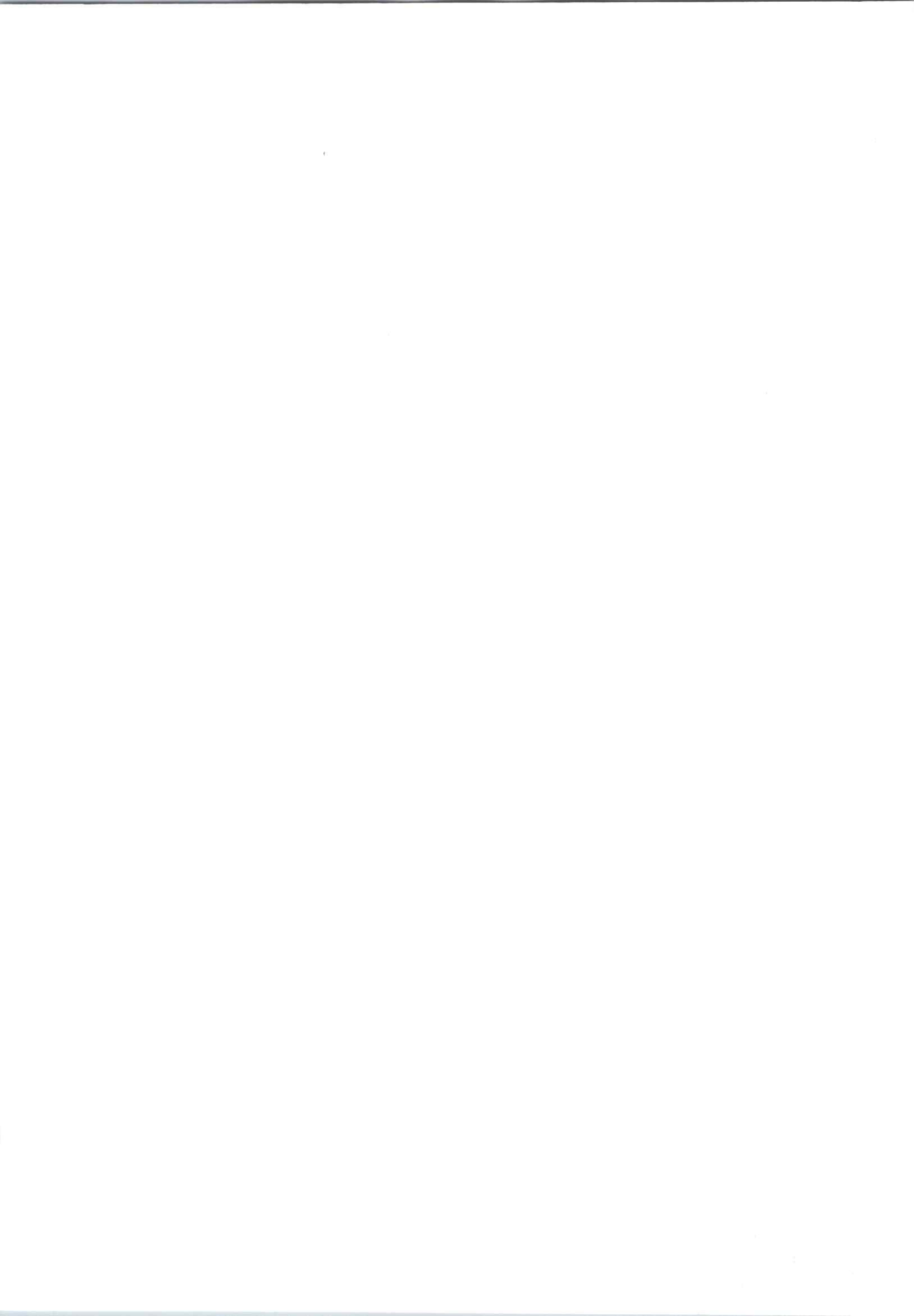
 **Marathahalli:**  
Survey No. 8/5,  
Marathahalli-KR Puram, Outer Ring Road  
Doddanekundi, Bengaluru - 560 037.  
Ph: 1800 2122

 **Bannerghatta Road:**  
No 178/1 & 178/2,  
Opposite Janardhan Towers,  
Bilekahalli, Bengaluru - 560 076. Yelahanka Hobli, Bengaluru - 560 092.  
Ph: 080-66902200

 **Hebbal:**  
No.247/248/288/100  
Byatarayanapura Village,  
Bengaluru - 560 092.  
Ph: 1800 2122

**Sarjapur Road :**  
Sy No. 3/3, 3/4, Ambalipura Village  
Varthur Hobli, Sarjapur Road  
Bengaluru - 560 103.  
Ph: 080 6957 9999

**Registered Office:** 8-2-120/103/1, Survey No. 403, Road No. 2, Banjara Hills, Hyderabad - 500034, Telangana.



<b>Name:</b> Mrs. MOSARRAT KAMAL	<b>MRN:</b> JNB-00081308
<b>IP No:</b> IP11-00056711	<b>Admission Date:</b> 18-06-2026

Family History: Mother DM

Obstetric History:

G1 - FTND / Male / 2.5 years / Episiotomy re-suturing ? hematoma, precipitate labour

G2 - Present pregnancy spontaneous conception

She received Inj. TT 2 doses in antenatal period and was uneventful ? retention of urine in 2nd pregnancy and Resistance to Gentamycin / Nitrofurantoin and Amoxiclav

LMP: 5.10.2025

Obstetric formula: G2P1L1

EDD: 12.7.2026

Gestation at admission: 38 weeks 3 days

CEDD: 29.6.2026

**Examination and findings:**

Pulse: 82/min, BP: 110/80mm of Hg, RR: 16/min, Spo2: 98% at Ra

**Systemic Examination:**

CVS: S1S2 heard, no murmurs

CNS: NAD

RS: NVBS, no added sounds

PA: Uterus term size, relaxed, cephalic lower pole, FHS+

**Investigations:** Enclosed.

**Course in the hospital:**

She was admitted with above complaints. Tab. Misoprostol 25mcg S/L given at 11.12pm on 18.6.2026 after taking consent. On 19.6.2026 At 3am; PA: Uterus term size, 3contractions/10'/20", cephalic lower pole, FHS+, PV: Cervix 60%



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effaced, OS 3cm dilated, vertex at -1 station, clear liquor+. At 5.30am; Inj Syntocin infusion was started and titrated. Inj Drotin 1 amp and Inj Buscopan 1 amp 3 doses 30 minutes apart given. Labour progressed and fetal heart and contractions monitoring done. At 7.50am; PA: Uterus term size, acting, cephalic lower pole, FHS+, PV: Cervix well effaced, fully dilated, clear liquor. She progressed well and had a full term vaginal delivery with RMLE on 19.6.2026.

**Procedure:**

FULL TERM VAGINAL DELIVERY WITH RMLE ON 19.6.2026

Conducted by: Dr. Suman Singh

Assisted by : Dr. P Sindhu

Under aseptic precaution, after cervix fully dilated, with good uterine contractions, she was placed in lithotomy position.

She was encouraged to bear down.

At crowning of head RMLE given

A live Female baby delivered on 19.6.2026 at 8.23am with birth weight 2.520kgs.

Liquor clear and adequate.

Baby cried immediately after birth.

Single loop of cord around the neck -released

Delayed cord clamping done, Baby handed over to paediatrician.

Inj. Syntocin 10 U IM and 10 units added in 1 pint RL

Placenta and membranes delivered by controlled cord traction.

Placenta and membranes complete and healthy.

RMLE sutured in layers.

No PPH / tears.

No maternal / neonatal injuries.

She withstood the procedure well.



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**Baby Details:**

Date: 19.6.2026

Time: 8.23am

Sex: Female

Weight: 2.520kgs

**Post-delivery Notes:**

She was closely monitored for post partum hemorrhage. Uterus well contracted and retracted. Breast feeding initiated. She was encouraged for spontaneous voiding. Vitals were stable, patient ambulated and was shifted to room. Dietary advice given. Her postpartum period following that was uneventful. She was treated with supportive measures.

**Treatment given:**

IV Fluids / Inj. Taxim / Inj. Methergin / Inj. Syntocin / Inj. Pan / Inj. Perinorm / Inj. Drotin / Inj. Buscopan / Tab. Misoprostol / Tab. Taxm O / Tab. Pan / Tab. Enzoftlam / Supridol Suppository / Justin Suppository / Enema

**Condition at discharge:** Her general condition was satisfactory, her vitals stable, and she is haemodynamically stable and she is being discharged in stable state with following advice.

**ADVICE ON DISCHARGE**

Tab. Taxim O 500mg 1-0-1 x 5 days

Tab.Enzoftlam 1-1-1 x 05 days

Tab.Pan 40mg 1-0-0 x 05 days (before food)

Continue iron and calcium medication after 1 week

Perineal wound care with Metrogyl P ointment for 2 weeks

Avoid lifting heavy weight

Normal diet with plenty of oral fluids



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Review after 2 weeks with Dr. Suman Singh with prior appointment.

Review after 06 weeks with Dr. Rajalakshmi (Physiotherapist) for postnatal exercises with prior appointment.

Review SOS in case of fever / pain abdomen / headache / blurring of vision / giddiness / loss of consciousness / epigastric pain / vomiting / BP >140/90mmHg / Difficulty in breathing or breathlessness / Legs swelling / Excessive PV bleeding / Breast swellings please report to hospital on 18002122.

“The content of the patient discharge summary/ medication/ food & drug interaction/ care to be provided at home/ nutrition/ immunization and safe parenting/ when and how to obtain emergency care etc also have been explained by doctor”.

Consultant Name & signature

**Dr. SUMAN SINGH**

MBBS, MD , FAM MCGG , FRM, IVF SPECIALIST

OBSTETRICIAN & GYNAECOLOGIST

Reg.No: 40844

Summary explained and understood by me

Registrar Name & Signature

Signature of patient and Attendant

Summary explained and handed over by  
Nurse Name & Signature:

