

RADIOLOGY / SCANS

Date	Service	Signature	Date	Service	Signature

SUPPORT SERVICES

Date	Physiotherapy	Signature	Date	Others Services	Signature

BLOOD BANK

Date									
Units									
Remarks									

ANY OTHER INFORMATION *Food Taken 1753*

Date : *19/6* Time : *UP*

Prepared By : *Wjaya*

Staff Nurse / Floor Co-ordinator <i>[Signature]</i> <i>2182</i>	Nursing Supervisor <i>[Signature]</i> <i>10240</i>	Billing Assistant	Billing Supervisor
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no pharmacy due 19/6/26

DISCHARGE SUMMARY	
Name: Mrs ANKITA SHARMA	MRN: JNB-00136338
Father/Guardian: AKHIL GUPTA	IP No: IP11-00056719
Age: 29 Y 9 M 31 D	Gender: Female
Address: 201, B tower wing 1, Bannerghata Road, Bangalore, Karnataka, INDIA, 560076	Admission Date: 19-06-2026
Referral Doc: self	Discharge Date: 20.6.2026

Consultants:

Dr. CHETAN KALYANAPPA NELIVIGI

MBBS, MD (OBG)

CONSULTANT GYNECOLOGIST & OBSTETRICIAN

Reg. No: 30805

DIAGNOSIS	ICD CODE
PRIMIGRAVIDA WITH 12 WEEKS 6 DAYS OF GESTATION FOR CERVICAL ENCERCLAGE HYPOTHYROIDISM	

Procedure :

CERVICAL ENCIRCLAGE (SHIRODKAR'S METHOD) DONE UNDER GENERAL ANAESTHESIA ON 19.6.2026

Ind: Cervical stitch - Short cervix with PV Spotting

Reason for admission

Primigravida with 12 weeks 6 days of gestation for Cervical encercilage with C/o PV Spotting on 17.6.2026

Scan on 14.6.2026 - Cervix normal 32mm

On 18.6.2026 cervix 25.2mm

Endometrium cervix - collection

History



Name: Mrs. ANKITA SHARMA	MRN: JNB-00136338
IP No: IP11-00056719	Admission Date: 19-06-2026

Menstrual History: Regular

LMP: 21.3.2026

Obstetric formula: Primigravida

EDD: 26.12.2026

Gestation at admission: 12 weeks 6 days

Obstetric History: Married life 03 years, NCM
G1 - Present pregnancy spontaneous conception

Medical History: Hypothyroidism on Tab Thyronorm 37.5mcg since 2 years

Surgical History: Hysteroscopic septal resection and lap left endometriotic cystectomy in 2024 December

Allergies: Nil, Family History: Sister- Hypothyroidism I

Examination and findings:

Pulse: 96/min, BP: 110/80 mmHg, Spo2: 98% at RA, RR: 16/min

Systemic Examination:

CVS: S1S2 heard, no murmurs

CNS: NAD

RS: NVBS, no added sounds

PA: Uterus just palpable, FHS +, PV bleeding+

Investigations: Enclosed,

Treatment given:

IV Fluids / Inj. Pan / Inj. Perinorm / Inj. Taxim / Inj Pause / Inj Susten / Tab Ceftum / Tab Pan / Tab Dolo / Tab Duphaston

Procedure:



Name: Mrs. ANKITA SHARMA	MRN: JNB-00136338
IP No: IP11-00056719	Admission Date: 19-06-2026

CERVICAL ENCIRCLAGE (SHIRODKAR'S METHOD) DONE UNDER GENERAL ANAESTHESIA ON 19.6.2026

Ind: Cervical stitch - Short cervix with PV Spotting

Surgeon: Dr. Chetan K Nelivigi

Asst Surgeon : Dr Shailaja N

Anaesthetist: Dr Rashmi Bhatt

Under aseptic precaution and general anaesthesia, she was placed in lithotomy position. Bladder drained with metal catheter

Posterior and anterior vaginal wall retracted with sim's speculum.

Both lips of cervix held with sponge holder forceps

Irregularly shaped cervix

? polyp / ? vaginal tag at anterior lip of cervix and posterior vaginal wall

Using Mersilk cervical stitch taken at the level of internal OS and knot placed posteriorly

NS infiltration done over the cervix, A transverse incision taken at cervicovaginal junction using electrocautery sharp dissection done and Bladder pushed upwards

Shirodkar technique Cervical encirclage done by using Mersilk purse string sutures taken over the cervix at the length of internal OS, avoiding 3'o and 9'oclock position

Knot placed posteriorly

The knot is buried under the vaginal epithelium

The cervico vaginal fascia sutured with continuous sutures with rapid vicryl

Complete haemostasis confirmed

Clear urine drained with metal catheter at the end of the procedure

Bed side scan done, FHR and Position of cervical stitch confirmed

Anamol suppository kept PR

She withstood the procedure well.

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Name: Mrs. ANKITA SHARMA	MRN: JNB-00136338
IP No: IP11-00056719	Admission Date: 19-06-2026

Post-Operative Notes: Uneventful

Condition at discharge: She is haemodynamically stable, afebrile, her vitals stable and she is being discharged in a stable state with following advice.

ADVICE ON DISCHARGE:

- Inj. Susten 200mg IM on 22.6.2026
- Tab. Ceftum 500mg 1-0-1 x 5 days
- Tab. Pan 40mg 1-0-0 (before food) x 5 days
- Tab Dolo 650mg SOS for pain
- Tab Duphaston 10mg 1-1-1 x 15 days
- Tab. Traptic 500mg 1-1-1 x 2 days
Followed by 1-0-1 x 3 days
- Syp. Duphalac 15ml 0-0-1 x 3 nights
- Continue regular medications
- Continue thyroid medications

Review after a week with Dr. Chetan K Nelivigi with prior appointment.

Review SOS in case of bleeding or leaking PV / Pain abdomen

In case of emergency contact 18002122 emergency Obstetrician on duty.

“The content of the patient discharge summary/ medication/ food & drug interaction/ care to be provided at home/ nutrition/ when and how to obtain emergency care etc also have been explained by doctor”.

Consultant Name & signature

Summary explained and understood by me

Dr. CHETAN KALYANAPPA NELIVIGI
MBBS, MD (OBG)

Name: Mrs. ANKITA SHARMA	MRN: JNB-00136338
IP No: IP11-00056719	Admission Date: 19-06-2026

CONSULTANT GYNECOLOGIST & OBSTETRICIAN
Reg.No: 30805

Registrar Name & Signature

Signature of patient and Attendant

Summary explained and handed over by
Nurse Name & Signature:

